

I WANT...

Choose what you want for your child's procedure.

COMFORT



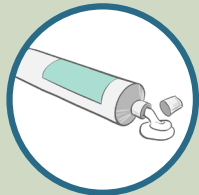
Hold child on lap



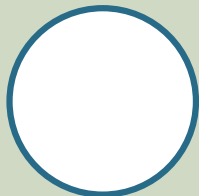
Sugar water



Comfort item



Numbing cream



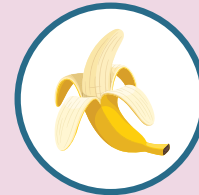
ASK



What will happen



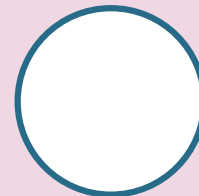
Breastfeed or bottle feed



Eat snack



Pick side



RELAX



Privacy



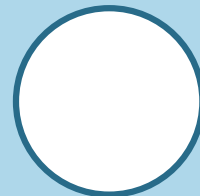
No noise



Deep breaths



People I want there



DISTRACT



Tell me when



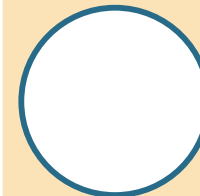
Calm voice or singing



Toy from home



Toy from clinic





Scan for more resources



Your actions and words can also influence your child’s reactions. Children often look to their parents to understand how to act and feel. If you are calm and use your normal voice, it will help your child feel that everything is OK.

1. Did you know about CARD before coming today? Yes No

2. How old is your child? _____

3. Which of the following best describes your child? Girl Boy Or, they are: _____

4. Some people are afraid of needles. How afraid is your child?



5. Tell us about anything else you want us to know:

Three horizontal lines for writing answers to question 5.